



## PATIENT HEALTH HISTORY

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Primary Care Doctor: \_\_\_\_\_

Current Medical Problems / Illnesses:

\_\_\_\_\_

List Previous Surgeries (including cosmetic surgery):

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

List All Medications including vitamins, supplements, herbal medicines:

\_\_\_\_\_

\_\_\_\_\_

List any Medication Allergies, Food & Environmental Allergies:

\_\_\_\_\_

\_\_\_\_\_

### Past Medical History:

Heart Disease	<input type="checkbox"/> Yes <input type="checkbox"/> No	HIV or AIDS	<input type="checkbox"/> Yes <input type="checkbox"/> No	Hepatitis	<input type="checkbox"/> Yes <input type="checkbox"/> No
Lung Disease	<input type="checkbox"/> Yes <input type="checkbox"/> No	Joint Replacement	<input type="checkbox"/> Yes <input type="checkbox"/> No	Bleeding Tendency	<input type="checkbox"/> Yes <input type="checkbox"/> No
Diabetes	<input type="checkbox"/> Yes <input type="checkbox"/> No	Stroke	<input type="checkbox"/> Yes <input type="checkbox"/> No	Skin Cancer	<input type="checkbox"/> Yes <input type="checkbox"/> No
High Blood Pressure	<input type="checkbox"/> Yes <input type="checkbox"/> No	Stomach Problems	<input type="checkbox"/> Yes <input type="checkbox"/> No	Mitral Valve Prolapse	<input type="checkbox"/> Yes <input type="checkbox"/> No
Asthma	<input type="checkbox"/> Yes <input type="checkbox"/> No	Arthritis	<input type="checkbox"/> Yes <input type="checkbox"/> No	Thyroid Disease	<input type="checkbox"/> Yes <input type="checkbox"/> No
Breast Cancer	<input type="checkbox"/> Yes <input type="checkbox"/> No	Glaucoma	<input type="checkbox"/> Yes <input type="checkbox"/> No	Skin Cancer	<input type="checkbox"/> Yes <input type="checkbox"/> No
Kidney Disease	<input type="checkbox"/> Yes <input type="checkbox"/> No	Stroke	<input type="checkbox"/> Yes <input type="checkbox"/> No	Heart Disease	<input type="checkbox"/> Yes <input type="checkbox"/> No
Blood Clot in Legs	<input type="checkbox"/> Yes <input type="checkbox"/> No	Other Cancer	<input type="checkbox"/> Yes <input type="checkbox"/> No	If so, what kind?	

### Family History:

Have any of your relatives had any of the following? (Please check the appropriate answer)

Breast Cancer ☐ Yes ☐ No If yes, relationship: \_\_\_\_\_

Skin Cancer ☐ Yes ☐ No If yes, relationship: \_\_\_\_\_



Diabetes ☐ Yes ☐ No If yes, relationship: \_\_\_\_\_

Heart Disease ☐ Yes ☐ No If yes, relationship: \_\_\_\_\_

Kidney Disease ☐ Yes ☐ No If yes, relationship: \_\_\_\_\_

Stroke ☐ Yes ☐ No If yes, relationship: \_\_\_\_\_

Depression ☐ Yes ☐ No If yes, relationship: \_\_\_\_\_

High Blood Pressure ☐ Yes ☐ No If yes, relationship: \_\_\_\_\_

Any issues with Anesthesia in the past? ☐ Yes ☐ No

If so, please describe: \_\_\_\_\_

### **Social History:**

Do you currently smoke cigarettes? ☐ Yes ☐ No If so, how many packs per day? \_\_\_\_\_

Did you smoke before? ☐ Yes ☐ No If so, when did you quit? \_\_\_\_\_

Do you currently smoke marijuana? ☐ Yes ☐ No If so, how often? \_\_\_\_\_

Alcohol use? ☐ Yes ☐ No How many alcoholic drinks per week? \_\_\_\_\_

Recreational Drug Use? ☐ Yes ☐ No If so, what kind? \_\_\_\_\_

### **Review of Systems:**

Have you had any of the below listed symptoms in the past year?

Fever & Chills	<input type="checkbox"/> Yes <input type="checkbox"/> No	Swollen Feet	<input type="checkbox"/> Yes <input type="checkbox"/> No	Swollen Lymph Nodes	<input type="checkbox"/> Yes <input type="checkbox"/> No
Skin Lesions/Rash	<input type="checkbox"/> Yes <input type="checkbox"/> No	Body Piercing	<input type="checkbox"/> Yes <input type="checkbox"/> No	Joint Pain	<input type="checkbox"/> Yes <input type="checkbox"/> No
Headache	<input type="checkbox"/> Yes <input type="checkbox"/> No	Weight Change	<input type="checkbox"/> Yes <input type="checkbox"/> No	Muscle Pain	<input type="checkbox"/> Yes <input type="checkbox"/> No
Dry Eyes	<input type="checkbox"/> Yes <input type="checkbox"/> No	Abdominal Pain	<input type="checkbox"/> Yes <input type="checkbox"/> No	Dentures	<input type="checkbox"/> Yes <input type="checkbox"/> No
Ear Infection	<input type="checkbox"/> Yes <input type="checkbox"/> No	Chronic Cough	<input type="checkbox"/> Yes <input type="checkbox"/> No	Wear Contacts	<input type="checkbox"/> Yes <input type="checkbox"/> No
Sinusitis	<input type="checkbox"/> Yes <input type="checkbox"/> No	Chest Pain	<input type="checkbox"/> Yes <input type="checkbox"/> No	Easy Bruising	<input type="checkbox"/> Yes <input type="checkbox"/> No
Wheezing	<input type="checkbox"/> Yes <input type="checkbox"/> No	Sore Throat	<input type="checkbox"/> Yes <input type="checkbox"/> No	Easy Bleeding	<input type="checkbox"/> Yes <input type="checkbox"/> No
Urinary Infection	<input type="checkbox"/> Yes <input type="checkbox"/> No	Taken Steroids	<input type="checkbox"/> Yes <input type="checkbox"/> No	Anxiety	<input type="checkbox"/> Yes <input type="checkbox"/> No
Depression	<input type="checkbox"/> Yes <input type="checkbox"/> No	Seizures	<input type="checkbox"/> Yes <input type="checkbox"/> No	Tattoos	<input type="checkbox"/> Yes <input type="checkbox"/> No
Jaundice	<input type="checkbox"/> Yes <input type="checkbox"/> No	Diarrhea	<input type="checkbox"/> Yes <input type="checkbox"/> No	Breast Lump	<input type="checkbox"/> Yes <input type="checkbox"/> No

### **Women Only:**

Number of pregnancies: \_\_\_\_\_ Date of last menstrual period: \_\_\_\_\_

Number of children: \_\_\_\_\_ Date of last mammogram? \_\_\_\_\_ Results: \_\_\_\_\_

Did you breast feed? ☐ Yes ☐ No

Do you perform regular self-examinations on your breasts? ☐ Yes ☐ No



## PATIENT REGISTRATION

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Sex: ☐ Female ☐ Male

Street Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Occupation: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone: \_\_\_\_\_

Reason for today's visit: \_\_\_\_\_

How did you hear about us? Please choose all that apply. **Thank you!**

☐ I am a returning patient

☐ Referred by another patient Name: \_\_\_\_\_

☐ Referred by a doctor or medical professional Name: \_\_\_\_\_

☐ Referred by friend/family (not a patient) Name: \_\_\_\_\_

☐ Dr. Roth's Website ☐ Instagram ☐ Facebook ☐ American Society of Plastic Surgeons (ASPS)

☐ Dr. Roth's Podcast ☐ Word of Mouth ☐ Google ☐ Other \_\_\_\_\_

By signing below:

I consent for treatment / examination by Dr. Roth and/or his staff.

I consent to contact by phone, text and/or email for appointment reminders and/or marketing & practice news.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_



## MEDICAL WEIGHT LOSS MANAGEMENT PROGRAM INTAKE FORM

What is your purpose for the medical weight loss injection program?

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What is the reason you want to lose weight?

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How long has your weight been a problem?

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Are you currently at your heaviest weight? If not, how much did you weigh at your heaviest?

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What is your worst food / drink, etc. habit?

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Are you a stress eater? ☐ Yes ☐ No

Do you eat late in the night? ☐ Yes ☐ No

Does your significant other struggle with weight issues? ☐ Yes ☐ No

What methods have you previously tried to lose weight?

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Are you scared of needles/needle phobic/ faint easily when you have blood taken?

☐ Yes ☐ No

Are you trying for pregnancy or planning pregnancy in the near future? ☐ Yes ☐ No

Are you or could you be pregnant? ☐ Yes ☐ No

Are you breastfeeding? ☐ Yes ☐ No

Are you on any type of hormone replacement therapy? ☐ Yes ☐ No

Are you on any contraceptive methods? ☐ Yes ☐ No

Patient Name: \_\_\_\_\_ Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_



## MEDICAL WEIGHT LOSS FORM - PAST OR CURRENT MEDICAL HISTORY

**Please check the box next to questions to which you answer yes (leave the others blank)**

- ☐ Heart disease (such as heart attack, rheumatic fever, irregular heartbeat, angina, heart murmur, chest pain)
- ☐ Diseases of the arteries
- ☐ High blood cholesterol
- ☐ Anemia or other blood disorders i.e. Sick Cell disease, Thalassemia
- ☐ History of dizziness, seizures or stroke
- ☐ Medullary thyroid cancer
- ☐ Any thyroid disease / problem
- ☐ Parathyroid problems or Adrenal gland problems
- ☐ Diabetes or abnormal blood-sugar tests
- ☐ Phlebitis (Inflammation of a vein)
- ☐ Deep vein thrombosis / blood clot in the leg (DVT) or PE (pulmonary embolism)
- ☐ Gallstones or any gallbladder disease (including jaundice)
- ☐ High blood pressure
- ☐ (Hypertension) Severe reflux
- ☐ Any breathing problems (such as asthma, COPD, bronchitis)
- ☐ Infection endocarditis
- ☐ Kidney problems including chronic kidney disease (CKD)
- ☐ Pancreas / digestion problems (including acute or chronic pancreatitis)
- ☐ Stomach / duodenum / gastric ulcer
- ☐ Liver problems (including hepatitis, liver failure, fatty liver, alcoholic liver disease)
- ☐ Any neurological problems (including Parkinson's Disease)
- ☐ Severe stomach/gut problems (including inflammatory bowel disease, Crohn's disease or Ulcerative colitis)
- ☐ Irritable bowel syndrome (IBS)
- ☐ Skin conditions
- ☐ Eating disorders (such as anorexia or bulimia)
- ☐ Mental health problems (including personality disorder, psychosis, diagnosis of depression)
- ☐ Self-diagnosis of depression, low mood, nervous or emotional problems



- ☐ Substance abuse (including alcohol or drugs)
- ☐ Any allergies (including food or drugs)
- ☐ Do any of the contraindications discussed apply to you?

## MEDICAL WEIGHT LOSS - FAMILY HISTORY

Please check the box next to questions to which you answer **yes** (leave the others blank)

- ☐ Heart attacks under age 50
- ☐ Strokes under age 50
- ☐ High blood pressure
- ☐ Elevated blood pressure
- ☐ Elevated cholesterol
- ☐ Diabetes
- ☐ Asthma or hay fever
- ☐ Skin allergies
- ☐ Congenital heart disease (existing at birth but not hereditary)
- ☐ Heart operations
- ☐ Red blood cell disorders i.e. Sickle Cell, Thalassemia and Anemia
- ☐ Glaucoma
- ☐ Kidney Disease
- ☐ Obesity (20 or more pounds overweight)
- ☐ Leukemia or cancer under age 60

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Print Patient Name: \_\_\_\_\_

Practitioner Name: \_\_\_\_\_ Date: \_\_\_\_\_